

# Family Handbook

# Dear Families,

Welcome to Northwood Christian Preschool! We are thrilled you chose us to care for and educate your child this school year! We look forward to learning more about your family.

Northwood Christian Preschool (NCP) is committed to providing the highest quality programming for children 3 to 5 years of age. The heart of our program lies in our desire to see all children and families know and accept the love of Jesus Christ. Our goal is to provide an environment where childhood is honored and families are supported; where nurturing relationships foster children's confidence; where teachers, materials and activities support children's learning, and where a sense of community is shared by all.

If you have any questions or concerns, please email me at: naomi.passarelli@ncp.school

Thank you,

Naomi Passarelli, Director NCP

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# Where We Began

Northwood Christian Preschool started in 2000 by Christi Keefer and Robben Lyons. They had a strong desire to share God's love with young children and their families. Christi Keefer faithfully taught and directed the preschool for 15 years.

# Who We Are

Our school is a place where children are told they are valued, loved, important, respected, free and forgiven. In every aspect of our school from snack time, to learning circles, to playground adventures, to waiting in line, we want to reflect and share God's love with the children and their families.

We believe all children have the innate curiosity to ask questions, search for answers, test boundaries, and learn from their choices. We continually scaffold children's interests into age appropriate math, science, and literacy activities.

# What We Believe

Our teaching philosophy is grounded in the belief that all children are natural learners. Every experience is an opportunity to grow, discover, and make new connections. As educators we purposefully set up activities, environments, and provocations that lead children to do what they do best. Play. A child's work is their play. It is serious. Through play they are learning social skills, team work, problem solving skills, and communication strategies. They are free to explore cause and effect, make comparisons, observe patterns, test theories, make judgments, move in big ways, and take space to rest and reflect. When children have space to learn at their own pace, their knowledge is more meaningful. Because they weren't just told a fact, but they were given the opportunity to discover and find what is valuable in their own eyes.

Our curriculum is child-initiated and teacher framed. We draw inspiration from the children's expressed and observed interests. Our program offers a balance of child-initiated and teacher-guided activities.

# Program

# Objectives~

- To share God's love with every individual involved in our program.
- To foster a close knit community of learners.
- To create partnerships with families through weekly communications and opportunities for families to participate.
- To promote a love of learning through exploration & discovery
- To provide children with a variety of challenges and opportunities for daily success.
- To help children develop social skills and empower them to use problem-solving skills to resolve conflict.
- To facilitate pre-literacy skills through daily exposure to books, reading and an environment rich in print.
- To promote math and science skills through activities such as counting, sorting, measuring, sequencing, mixing, experimenting, exploring, investigating and sensing.

#### Curriculum~

By telling a child how to do something, we remove the opportunity for them to discover it on their own. We are surrounded by a world of shapes, colors, letters, sounds, and numbers. We provide a rich environment full of math and literacy components and allow children to learn at their own pace. We read books, play games, sing songs, and give children access to many experiences that foster their unique intelligence.

Our themed curriculum is designed to be open ended, foster creativity, and allow teachers and children to be co-learners. We use big ideas which are overarching themes that allow children to explore concepts at their

own interest and pace. We believe children learn best when their subject matter is relevant to what they care about. Each class develops a similar curriculum focusing on math, science, art, writing, and literacy skills. Our purpose is to cultivate creative thinking skills, develop ownership, independence, and give children power over what they are learning.

Teachers guide learning circles by listening to children's ideas, asking open ended questions, and searching for unifying themes. Teachers observe children during play to help develop activities.

### Learning God's Word~

Sharing God's Word and stories of love is the most important thing we do at NCP. Each week your child will learn valuable lessons such as trusting God, depending on God to provide, obeying, sharing, memorizing the Word, worship, and how to be a light to the world. These lessons will be through weekly Bible stories, but also throughout the day. We want to reflect God's Word in everything we do so children learn that what we believe is who we are.

#### Bathroom Skills~

All children must be potty trained before attending NCP. However, we understand that accidents happen and there are differing levels of bathroom skills. We encourage parents to help their children learn to wipe themselves and practice buttoning, zipping and pulling up and down their pants before school starts. Teachers can assist children in the bathroom but the more confident and capable your child is, the smoother transition times will flow. If your child begins to regress in their bathroom skills during the school year, please talk with your child's teachers and director about ways we can help.

# Clothing~

Please make sure that your child is dressed in comfortable clothes that are appropriate for a play environment including hands-on, messy/dirty activities. While aprons/smocks can be provided for many messy activities, they don't always protect clothing completely. All footwear should allow children to walk, run, and climb with ease. We suggest closed toe athletic

shoes, please don't send your child in flip flops or in sandals without a back strap. These types of shoes make it difficult for children to play safely.

### Outdoor Play~

We believe regular outdoor play is a very important part of a child's growth and development. In addition to providing opportunities for physical activity, it also gives children rich opportunities to explore, discover, learn and play. It is our hope that we are able to venture outside every day, even if it is just for a short amount of time. We are blessed with a large gym that most days we will have access to if the weather is too extreme.

Your child should come to school prepared to spend 30-45 minutes outside, so in the winter please bring hats, warm coats, gloves, boots or warm shoes. In the warmer months we suggest dressing in layers, as it can be cooler in the morning but warmer by the end of the school day. Parents will be notified for special occasions when it would be appropriate to wear swimsuits for water days, or rain boots and umbrellas for puddle jumping!

#### School Folders~

Work and communications will be sent home using school folders. There will be a side for things that go home and a side for things that need to be returned to school (for example permission slips or sign ups).

#### Celebrations~

# \*See COVID-19 Section for modification due to current health and safety concerns.

We love to celebrate special occasions and holidays in our classrooms and as a whole school. We want to make these celebrations special and meaningful to all families. During our school year we will celebrate fall, thanksgiving, Christmas, friendship (Valentine's Day), Easter, graduation, and birthdays. Our parties usually take place at the end of the school day (around 11:30). If there is another holiday or special event you would like to celebrate at school please talk with your child's teacher or the director. We welcome families to share their ideas, traditions, and unique ways they

celebrate with us, but if you need help thinking of a way to celebrate just ask.

# Operational Information

#### School Calendar~

Our school calendar closely follows the Springfield school district calendar.

If the Springfield school district cancels or delays due to weather preschool will be canceled for the day.

We do not add on or make up canceled days. Some dates are not yet confirmed, new activities may be added throughout the year. You will be informed of any changes to the calendar at least 2 weeks in advance.

#### **SEPTEMBER**

September 9th, 10<sup>th</sup> & 11<sup>th</sup> Meet the teacher Night September 14th First Day (3day classes) September 15th First Day (2day classes)

#### **OCTOBER**

October 5th Lunch Bunch Starts
October 8th &9th Picture days
October T.B.D Pumpkin Patch Field Trips
October 29th & 30th<sup>t</sup> Pumpkin Parties

#### **NOVEMBER**

November 11th- Veteran's Day, NO SCHOOL

November 23rd & 24th Blessings Bash November 25th 4yr old Conferences November 28<sup>th</sup> & 29<sup>th</sup> closed for Thanksgiving

#### **DECEMBER**

December T.B.D Christmas tree farm field trip December 3rd Last Lunch Bunch December 10th and 11th Christmas Parties December 17th Christmas Celebration December 21st-January 4th Closed for Christmas Vacation

#### **JANUARY**

January 5th- First Day Back January 18<sup>th</sup> Closed for MLK Jr. Day January 21st & 22nd PJ Party (wear PJs to school)

#### **FEBRUARY**

February 11th and 12th Friendship Parties February 17<sup>th</sup> Closed for Presidents Day

#### MARCH

March 19th-26th Closed for Spring Break

#### APRIL

April 15th & 16th Easter Parties April 29th Last day for Lunch bunch MAY

May 20th 4yr old Graduation Celebration May 19th & 20th Last Days of School

### Arrivals & Departures~

# \*Due to COVID-19 we have changed these procedures for this school year.

#### **Arrival**

Due to current government regulations, we are asking that parents/guardians do the following for drop off:

- 1. Come to the outside back and side doors (rather than going inside the building) to drop off your child. This means you will park in front of the building and then follow the cement walkway to the left of the main doors.
- 2. Parents/guardians and other family members should stay 6ft away from other families during drop off.
- 3. Face coverings are required for family to wear during drop off.
- 4. Say goodbye to your child outside the door and try not to enter the classroom. A teacher or aide will greet you at the door, take attendance, and get your child ready for the day after you say goodbye. (This will be challenging for many parents and littles. Our staff is here to help you create a simple quick routine of saying goodbye. A hug or kiss to your child will reassure and teach them they are safe.)
- 5. Teachers will perform a visual health check of students upon arrival. We encourage you to take your child's temperature at home and do not bring them if they seem ill.
- 6. Drop off and Pick Up times are staggered to avoid having too many parents/guardians at the same time. Therefore, it is very important that you drop off your child on time! We lock doors at 8:30 am so if a drop off is later than that, the parent/guardian will have to let the front office know in order to be let into the classroom.

# Classroom doors open at

- 8am (Green Classroom)
- 8:15am (Yellow Classroom)
- 8:30am (Blue Classroom) and drop-off should happen as close to that time as possible so children are set up for a successful start to their day.

## Pick Up

Dismissal is at

- 12:00 (Green Classroom),
- 12:15 (Yellow Classroom) and
- 12:30 (Blue Classroom). Students will be packed up and ready for pick up at the main front doors under the covered entry. (If the weather is bad students will be just inside the entryway). Parents may drive up to the entry, load their student in their car and then pull forward.

If parents wish to walk up to the front entry to pick up their student, please maintain social distancing and let the teacher bring your child to you. Once again, face coverings during pick up are strongly encouraged.

If you are going to be late picking up your child please call the church office (541-746-2790) and expect a \$10 late fee.

Your child will have a hook outside their classroom with their name on it where they can leave their backpack. Please make sure there is always a change of clothes in it. When your child enters the classroom they will wash their hands, then they will be invited to participate in one of the activities happening in the classroom.

#### Attendance~

If your child is out sick or will be absent, please email the director to notify them of the absence. We worry if we don't see those cute little faces.

# Access to the Building/Parking

Families should park in the main front parking lot of Northwood Christian Church and walk their children to the outside door of their child's classroom. If a parent/guardian arrives late or is at school to pick up their child early, they must use the parent key code (received at enrollment) to access the interior doors. The exterior doors are open during the church office hours and the parent code does not work on those doors.

Please do not leave children and infants unattended in your vehicles. If drop off or pick up is challenging for you because you have lots of littles please let a staff member know and we will work out reasonable accompdations.

#### Items from home

Please check with your child's teacher regarding what items you should bring from home. We ask that every child have a change of clothes in their backpack at all times. We ask that you not bring toys from home, unless it is a show & tell day. It is often difficult for children to share these items and it is easy for them to be lost or damaged. It is always a good idea to check with your child's teacher first before bringing objects to school and always label your child's belongings.

In each classroom there is a place for your child to bring and store a water bottle from home. They can take their water bottle home at the end of the day.

# Tuition and Billing

By enrolling your child in Northwood Christian Preschool, you agree to pay tuition and registration set forth in the current fee schedule noted below. Full tuition is required at the beginning of each month unless other arrangements are set up with the director or bookkeepers. Please note that despite observed holidays, teacher in-service days, seasonal recesses, or other school closures, our tuition fee has been calculated according to a yearly tuition and will remain the same each month.

If tuition is paid after the 10<sup>th</sup> a \$10 late fee will be applied to your statement, unless arrangements are made with the director. A \$20 charge will be assigned for all returned checks. If full tuition is not paid by the end of the month, your child may be dropped from the preschool program until your account is current.

Tuition payments may be mailed in or dropped off in your child's classroom. Tuition can also be paid through Push Pay, an app you can download to your smartphone, or you may text "Pushpay" to 77977.

NCP does not send invoices or reminders for tuition payments. Receipts can be given for cash payments, however check payments are considered a receipt.

If it is necessary to withdraw your child from preschool, you must give the director 30 days notice and pay tuition through those 30 days.

- Registration fee (one-time fee) \$100 due with registration form
  - Tuition for the 3 day class is \$200 every month.
  - Tuition for the 2 day class is \$155 every month.

We give a 5% discount to families with more than one child enrolled, and if families pay the year in full they will receive a 5% discount.

- 2 Day Class Full Year Tuition is \$1325
- 3 Day Class Full Year Tuition is \$1710

IF you have questions or need help: our bookkeeper is Valerie Bowling (<a href="mailto:valbowling@gmail.com">valbowling@gmail.com</a>) and you can email her regarding finance questions.

# Family Involvement

#### **Parent Communication**

Weekly updates of the classroom activities are sent out to all parents/guardians. It is helpful for parents to review these updates since they often contain important information about what occurred during the week as well as major upcoming events. This is also a great way to talk with your child about his/her day.

We will be using an online communication system called ProCare Connect to communicate with families and post pictures. You will be getting notifications through it as well as an invitation to join it. Pictures of your student can be found weekly on the site as well as upcoming events. It's also a great way to communicate with teachers, check it out;). You can also "like" us on FaceBook to stay in the loop.

## Parent and Teacher Conferences (4s only)

Individual parent-teacher conferences are offered at least once during each school year. Parent conferences for the school year will be held in Fall. During the conference, you will review and receive a copy of the developmental summary on your child.

Ongoing, informal communication of parent or teacher concerns and the sharing of special joys, sorrows, and accomplishments in the child's life are important. Please feel free to speak with your child's teacher during arrival/departure, or schedule a time to talk privately.

#### **Parent Resources**

Parenting is challenging, and no one should do it alone. If you need resources such as: educational materials, counseling, special needs services or assessments, please contact our director and we will help you in any way we can.

## **Birthdays**

If you would like your child's birthday to be celebrated, you are welcome to bring a snack to share. Please check with your child's teacher prior to bringing a snack since some students have allergies. Make arrangements with your child's teacher at least two days prior to the birthday.

# Safety and Health

# **Discipline Policy**

Proverbs 10:17 tells us "He who heeds discipline shows the way to life, but whoever ignores correction leads others astray."

A very important part of the preschool experience is helping children learn how to get along in the world, enjoy being with other children, and follow the direction of an adult other than their parent. A caring positive approach will be taken regarding behavior management and discipline. Our goal is to help all children develop self-control and responsibility for their actions.

Children need to be encouraged to make good choices and to be prevented from harming themselves and others. This is best accomplished through close supervision, gentle guidance, and most importantly, redirection.

Children need to learn to identify and express their feelings. However, often this requires the teacher/parent or guardian to acknowledge the child's response to the situation, and help him/her to use appropriate strategies. For example, if we see a child about to hit another child for taking a toy away, we will prevent that child from hitting the other and say, "it looks like you want to keep the truck," and provide an alternative to hitting. We will also help the child understand the other child's point of view. "I see that Tommy is playing with the truck you had. It looks like he wants it too. Can you tell him that you are playing with it?" Through this method, children can begin to learn about the intentions of others and in this way, we hope to prevent one child from hurting another and at the same time help that child to learn to identify feelings and verbalize expectations.

As every parent knows, caring for young children requires a lot of patience. Children require ongoing guidance and support as they learn about themselves and others. Dealing with challenging behaviors is a process of teaching rather than punishment and control. Children are reminded what TO DO, rather than what NOT TO DO. For example, instead of "DON'T run", children are told, "Please walk to the door". Through this strategy: (1) children know what you expect, (2) a more positive classroom climate is promoted, and (3) children and adults form supportive relationships.

An additional strategy used with older preschoolers is to help them learn how to solve their own problems and resolve conflicts. Teachers provide support and guidance as children develop and practice these skills. The staff at NCP recognizes that similarities in principles at home and at school make children more successful in their experiences.

# Use of Corporal Punishment and Harsh Language

The use of corporal punishment is forbidden in the school. The discipline philosophy of our school is to help children develop a positive self-image. We encourage children to be self-directed, exhibit self-control, and become problem-solvers. A philosophy based on providing a positive, supportive environment that focuses on prevention and the teaching of appropriate behaviors guides the staff in their interactions with children. Children are redirected and given choices to encourage appropriate behaviors. The use of threats and derogatory language by staff is not accepted in handling children that misbehave.

## **Discipline Strategies Used by NCP Staff:**

- Maintaining realistic expectations of children based on knowledge of child development.
- Providing clear and simple limits.
- Creating an environment that facilitates a caring atmosphere.
- Providing appropriate activities that keep children engaged to prevent challenging behaviors.
- Modeling appropriate and respectful behaviors.
- Redirecting inappropriate behaviors toward desired outcomes.
- Giving children choices between two appropriate alternatives.
- Providing logical and natural consequences for children's actions.
- Guiding children away from the situation until they are able to calm down and address the problem. (Classrooms have a quiet spot for such times, and if necessary the child may be removed from the classroom to have a break in the director's office if their behavior is disrupting other student's learning).

# When there is an ongoing behavior concern:

- 1. <u>Teachers will contact the child's parents.</u> Communication may be in the form of informal or formal parent-teacher conferences or written behavioral reports. After more than two written communications home, a conference will be scheduled.
  - If a conference is scheduled, the parent and teachers will discuss strategies to promote appropriate behavior, and develop a specific plan for change. Teachers and parents will also set a time period in which they will work for the change in

behavior using agreed upon strategies. After this period of time (1 week up to 1 month) the teachers and parents will meet and determine if the strategies were successful.

- 2. <u>If the behavior concern continues</u> -or escalates- after implementation of the plan, a child may be asked to leave the program for a short period of time (1-5 days).
  - It is at the discretion of the teacher, director, and our school ministry team to determine if the child needs to take a break from the program.
- 3. <u>If the problem is not resolved</u>, the child may be removed from the program. This will be determined by our school ministry team on a case by case basis.

It is our intent to work together with families to promote a positive experience for their child. However, we do realize that there may be circumstances that keep a child from being capable of fully participating in a group program, and recognize that the program may not be equipped to deal with all circumstances underlying certain behavioral issues, therefore the child may be removed. If this is the case, we will work with the family and help them find alternative resources to support their child's development.

Disruptive behaviors distract from the full benefit of the preschool program and will result in consequences.

# The following behaviors are considered disruptive:

- Requires <u>constant attention</u> from staff (more than one or two reminders for a specific behavior or poor choice).
- Inflicts physical harm to other children, adults, or self
  - o hitting, pushing, biting, pulling, spitting etc.
- <u>Disrespects people and materials</u> provided in the program.
  - o destruction of materials, using materials in a way not intended, hiding or taking materials from the classroom, throwing.

- Consistently <u>disobeys the rules of the classroom</u> (despite reminders, child makes the same poor choice repeatedly).
- Verbally threatens other students and or staff.
  - o threatens physical harm, is emotionally mean, teases, or uses inappropriate language.
- Uses verbal or physical actions that <u>divert attention</u> away from the other children in a manner that makes the room feel unsafe, chaotic, or takes the teacher's attention away from teaching.
  - running around the classroom, screaming and yelling during quiet times, jumping off tables/stools, pulling objects down off of walls.

#### **Health & Wellness**

Safety is a serious concern and all reasonable safety precautions will be taken at all times by the NCP and its agents during preschool events and activities. Please understand the possibility of risk. In the event that medical intervention is needed, every attempt will be made to contact immediately the persons listed on the emergency contact form.

Family health insurance coverage will be the primary coverage in the event medical intervention is needed during preschool hours. Coverage by Northwood Christian Church, through its accident policy, will be used as secondary coverage for what family insurance does not cover.

NCP will not administer any medication to children. If children need medication during preschool hours, parents are responsible for administering it, unless it is life threatening, such as an epi pin, or inhaler. Please understand that children will be excluded from NCP if he/she presents with a fever over 100.4, vomits, has 2 or more loose stools, has discharge from their eyes, head lice/nits, a rash, or is unable to participate in school. If children experience any of these symptoms at home, they need to be free of them without medication before returning to school.

#### **COVID-19 Policies and Practices:**

- Because of our deep concern for safety in the building and in our community, our school will be complying with the Statewide Standards for Child Care Operations as issued by the governor.
- 2. Cleaning- we will be following ELD and Oregon Health Authority's Safety and Sanitation recommendations for cleaning. Staff will be regularly cleaning surfaces and toys and will keep up to date with the most recent guidelines.
- 3. Face Masks- Children and staff are permitted to wear cloth, paper, or disposable face coverings if they choose and any visiting staff or volunteer must wear a face covering. Any adult who is not staff MUST wear a face covering when in the building.
- 4. Health Checks- Staff will check their temperature upon arrival to school and anyone with a fever will immediately be sent home. Students are asked to check their temperature at home before arriving at school. If the student is running a fever they must stay home. Additionally, if a student appears sick sneezing or coughing, very runny nose, tired etc. we are asking that parents exercise caution and keep their child at home for everyone's safety.
- 5. Classroom size will also be limited according to OCC regulations and classes will not be mixing or interacting together. This cohort model will limit the sharing of germs between classrooms.
- 6. Should Oregon close down schools- You will be notified of any changes in our school as soon as possible and virtual school options will be made available to you in lue of in class attendance. Tuition for online school will be discounted from normal prices. If you choose to unenroll your student in the instance of school closure, know that NCP cannot guarantee you a spot upon reopening.
- 7. Families cannot bring their children who have recently had an illness with fever or cough. They should stay home 10 days after onset of symptoms and 72 hours after resolution of both fever and cough. If a child or staff member develops a cough, fever, or shortness of breath, they will be isolated away from others immediately, and sent home as soon as possible. They will be encouraged to seek testing and stay home until they are symptom-free (no cough or fever and no

fever-controlling meds) for at least 10 days and 72 hours after resolution of symptoms. We understand that many of the changes our school is making are challenging. Thank you so much for your understanding and cooperation as we do our best to love your children and provide a safe environment for students, families, and the greater community.

\*Note that these policies change quickly and this list may not be fully up to date. For the most up to date policies ask the students' teacher or the school director. Thank you for your understanding.